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What's On



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EDITOR'S LETTER

chool's out and the sun is (hopefully!) shiningso let's get those kids outdoors and into the garden! Our Top 10 Gardening Tips for Little Green Fingers will have them digging, planting, and maybe even eating their veggies by the end of summer. Win-win!

Need a break from the chaos inside the house? Put that energy to good use—kids can totally help with chores (yes, really!). We've got some easy and fun ways to get them involved and learning life skills along the way.

Feeling those big emotions bubbling up? Coach Lindsay is here to help us understand anger in kids and how to guide them through it without anyone losing their cool.

Of course, no summer is complete without something sweet! Don't miss our yummy dessert recipes, perfect for sunny afternoons and sticky fingers.

Oh, and before you go, make sure to check out our awesome competitions and peek at our What's On Guide for all the best family-friendly events happening near you.





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THE ALL WEATHER BEACH

Gordon Rigg's All Weather Beach
will be open from the 19th July
until the end of the Summer Holidays.
Children must be supervised at all times.
Entry £1.50 per person







Top 10

GARDENING TIPS FOR

Little Green Fingers

1 Start with Easy-to-Grow Plants

Begin with plants that sprout quickly and don't require too much maintenance. Sunflowers, radishes, cherry tomatoes, lettuce, beans, and peas are perfect for kids because they grow fast and give visible results early on. The success of seeing something grow quickly boosts confidence and keeps kids interested.

Create a Mini Container Garden

If space is limited, container gardening is a fantastic option. Kids can decorate their own pots using paint, stickers, or markers. Use recycled containers like yogurt cups, milk jugs, or tin cans (with holes in the bottom). This helps them learn about sustainability while giving them ownership of their little garden.

Build a Pollinator-Friendly Garden

Introduce kids to the idea of helping the environment by planting flowers that attract pollinators. Marigolds, coneflowers, lavender, zinnias, and milkweed are beautiful and beneficial. You can even create a "bee bath" by filling a shallow dish with water and stones for bees to land on.

"A pizza garden can include tomatoes, basil, oregano, and peppers"

Grow a Themed Garden

Create fun themes to spark creativity. A pizza garden can include tomatoes, basil, oregano, and peppers. A rainbow garden can feature plants of various colors like red chard, orange marigolds, yellow squash, green beans, blue lobelia, and purple cabbage.

Sensory gardens can include lamb's ear (soft leaves), mint (smells nice), and ornamental grasses (rustling sound).

Teach Proper Watering Habits
Give kids small watering cans or spray

bottles and teach them how to check if the soil is dry before watering. Show them how overwatering can harm plants and encourage them to create a watering schedule. This builds responsibility and helps them learn cause and effect.







BOOK WITH CONFIDENCE WITH THE UK'S LARGEST INDEPENDENT TRAVEL AGENT

GARTA (F)







Start a Bug Hunt
Encourage kids to explore their garden as a mini ecosystem. Provide a magnifying glass and a journal to record what they see—ladybirds, worms, butterflies, or caterpillars. Teach them the difference between helpful bugs (like bees and ladybirds) and harmful ones (like aphids). You can even make a bug hotel using twigs, bark, and pinecones.

Decorate Plant Markers

Get crafty! Use popsicle sticks, painted rocks, wooden spoons, or even old spoons to label plants. Kids can draw pictures of the plants or write their names. It helps them remember what they planted and brings a personalized, artistic touch to the garden.

8 Plant Edible Treats

Kids love to eat what they grow! Strawberries, snap peas, cherry tomatoes, and baby carrots are fun to pick and taste. Having a small "snack garden" teaches them about where food comes from and may even encourage picky eaters to try new things.

Track Growth with a Garden Journal

Help kids create a garden journal with drawings, notes, or photos. They can track growth, measure plants weekly, note weather patterns, or write about what they liked or didn't like. This can be turned into a fun summer science or art project, reinforcing observation and reflection skills.

Make It Messy and Fun

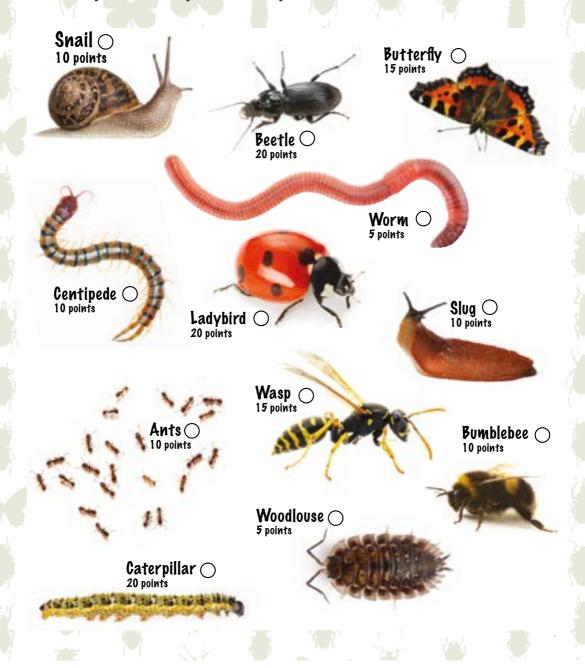
Let go of perfection! Provide kid-sized tools, gloves, and maybe even an apron or old clothes so they can get their hands dirty. Emphasize play and exploration over neatness. Digging in the dirt, splashing water, and finding worms are all part of the fun—and also promote fine motor skills and sensory development.



big bug hunt

This time of year is great to start looking for wildlife, especially bugs. There are 150 points available.

How many of these can you find when you're out and about?





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COACH LINDSAY

UNDERSTANDING ANGER IN CHILDREN

nger is a natural emotion experienced by everyone, including children. However, unlike adults, children often struggle to express their feelings in a constructive manner. They may not fully understand why they feel the way they do or how to articulate their frustration, leading to outbursts, tantrums, or withdrawal. For parents, it's essential to recognise these signs and guide children toward healthier ways of coping with anger. This guidance can be effectively provided through spiritual and mindful practices that nurture self-awareness, emotional regulation, and inner peace.

Teaching Children to Recognize and Acknowledge Anger

The first step in helping children manage anger is teaching them to identify and acknowledge their emotions. Children need to understand that feeling angry is not inherently bad. Anger, like any other emotion, has a purpose; it signals that something is wrong or that their needs are not being met. Parents can help by encouraging children to talk about their feelings, using simple language like "I feel angry because..." This exercise not only helps children put words to their emotions but also emphasises that all emotions are valid.

Mindfulness Techniques for Emotional Regulation

Mindfulness is a powerful tool for children to develop awareness of their emotions. One effective practice is teaching children to take a "mindful pause" when they feel overwhelmed by anger. This involves taking a few deep breaths, observing their feelings without judgment, and allowing the emotion to pass. This pause creates



a space between the stimulus and their reaction, enabling them to respond more thoughtfully rather than react impulsively.

Parents can guide children through simple mindfulness exercises, such as breathing techniques or visualisations. For example, "flower breathing" involves inhaling deeply as if smelling a flower and exhaling slowly as if blowing out a candle. This technique helps children calm their bodies and minds, making it easier for them to express their emotions in a non-destructive way.

Practices for Inner Calm

Incorporating spiritual practices can further support a child's emotional well-being. Teaching children to connect with their inner selves can foster a sense of peace and resilience. Practices like guided meditation, prayer, or affirmations can provide a source of comfort during times of distress.

For younger children, parents can use storytelling with spiritual themes to illustrate how to handle difficult emotions. Stories of patience, forgiveness, and empathy from various spiritual traditions can offer valuable lessons and create a foundation for children to build their own coping strategies.

Another useful approach is teaching children the practice of gratitude. Encouraging children to express gratitude daily, even for small things, shifts their focus from what is causing them distress to what brings them joy and contentment. This shift in perspective can reduce the intensity of negative emotions and build a more positive outlook.

Creating a Safe Space for Emotional Expression

Children need a safe environment to express their anger without fear of punishment or rejection. As parents, our role is to be compassionate listeners and avoid invalidating their feelings. Phrases like "calm down" or "don't be angry" can make children feel misunderstood or dismissed. Instead, acknowledging their feelings with statements like "I see that you're really upset. Do you want to talk about it?" shows empathy and encourages open dialogue.

This safe space can also include physical outlets for their emotions, such as a quiet corner where they can sit with their feelings or activities like drawing, writing, or engaging in physical play.

Such outlets allow children to process their emotions in ways that feel comfortable to them.



Modelling Healthy Responses to Anger

Children often learn by observing the behaviour of adults around them. Modelling healthy responses to anger is one of the most effective ways to teach children how to manage their emotions. When parents handle their own anger mindfully and with self-control, children learn that it is possible to feel angry without losing control. Sharing your thought process out loud can also be instructive. For instance, saying, "I'm feeling really frustrated right now, so I'm going to take a few deep breaths before I respond," provides a clear example of how to regulate emotions.

Encouraging Empathy and Compassion

Empathy plays a crucial role in managing anger. When children are able to understand how their actions affect others, they become more

"anger doesn't have to lead to aggression or hurtful behaviour"

inclined to resolve conflicts peacefully. Parents can encourage empathy by discussing how others might feel in similar situations and by teaching children to ask questions like, "How would I feel if someone did that to me?"

Role-playing scenarios where children practice resolving conflicts through communication and compromise can also help. These exercises reinforce the idea that anger doesn't have to lead to aggression or hurtful behaviour—it can be a signal to pause, reflect, and choose a more compassionate response.

Dealing with anger is a skill that children need to learn just like any other. As parents, we can guide them through spiritual and mindful practices that cultivate self-awareness, emotional intelligence, and inner peace. By teaching children to recognise their feelings, providing safe spaces for expression, modelling appropriate behaviour, and nurturing empathy, we empower them to handle their anger constructively. In doing so, we not only help them manage their emotions but also lay the foundation for a more mindful and compassionate approach to life's challenges.



Sending you all love and light. Go gently on yourselves. Coach Lindsay x





To enter visit northernlifemagazine.co.uk/ competitions or scan the code. Deadline for entries 20/08/25 unless otherwise stated.

WIN A HIGHLAND COW AND A GRUFFALO RUCKSACK

Now available from leading childrenswear brand Blade & Rose, these charming additions bring together fun character designs with everyday functionality, perfect for nursery trips, adventures, or days out with mum and dad. The Highland Cow Rucksack: Inspired by one of Blade & Rose's bestselling characters is a super-soft backpack and features 3D detailing, adjustable straps, and just the right amount of space for little explorers to carry their treasures.

Q. What is the name of the brand?



WIN BEDSURE FLANNEL FLEECE BLANKET

We're giving five lucky readers the chance to win a cosy Bedsure Flannel Fleece Blanket in silver grey. This luxury blanket comes in 23 colours and prices start at £15.99. This fluffy throw blanket is crafted from 100% premium microfibre polyester for irresistibly soft comfort. Perfect as a throw blanket for sofa or a

bed blanket for a cosy night's sleep. It is machine washable at 40°C for easy upkeep, so you can enjoy effortless warmth without the fuss.

Q. What colour is the throw?





Competition time

WIN A DECODEN MAGIC DELUXE PACK

Decoden Magic is the fun, new, affordable range of creative kits that encourages kids to express themselves in a hands-on way. Using the puffy glue, kawaii charms, beads and gems, children can create unique accessories with a vibrant 3D look! Originally popular in kawaii culture, this creative craft is spreading globally through the power of social media. So, don't miss out – get your hands on Decoden Magic: Think Pink Creations now! It comes with plenty of puffy glue and kawaii charms, plus hair slides and clips, a headband and a compact mirror ready to be decorated Decoden-Magic style!

Q. Which country is the crafting trend from?





WIN A DENTEK SUMMER BUNDLE!

Everyone loves an ice lolly on a hot summer day—but your teeth might not! Why not try making your own healthier homemade lollies? Enter now for a chance to win a DenTek Summer Bundle, including ice lolly moulds for making your own treats, a cooler lunch bag, ice packs, a picnic blanket, and DenTek kids' flossers. Keep summer sweet and smile-friendly!

Q. What sweet treat can you make with the bundle?

WIN THE ULTIMATE TRAVEL GAMES BUNDLE FROM JOHN ADAMS!

Whether you're staycationing, holidaying in the UK, or heading abroad, keep the fun flowing with this compact, adventure-ready games bundle! Test your reflexes with the fast and frenzied Grabolo, challenge your vocab on the go with Scrabble Cards, and master quick strategy with Othello On The Move. Tackle number skills in a race to place with Rummikub Travel, and twist your brain with wordplay in the quirky, addictive Qwaffle. Enter now to win your perfect play-anywhere bundle!



WIN A NUMBERBLOCKS BUNDLE WORTH £84

The brand new Numberblocks Wooden range includes the colourful Numberblocks® Wooden Building Blocks Activity Set (£29.95) and the Numberblocks® One to Five Wooden Blocks (£23.95). Based on the popular Numberblocks crew from the CBeebies TV series. Ideal for little hands to get to grips with, the developmental toy will provide hours of educational fun. Available from learningresources. co.uk





WIN A HALFTOYS WORLD SET

Halftoys is a collection of softhued, sensory magnetic puzzletoys for preschoolers. Halftoys come in four different nature themes: ocean, savannah, forest and animal. Split the magnetic skin in half to reveal a 3D skeleton puzzle inside. The Halftoys World Set is a large playset with five Halftoy animal models and features a cleverly designed diorama storage case that replicates a natural habitat. Available from Amazon.

Q. How many different themes are there?

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RECIPES

SWEET SUMMER TREATS



APPLE & BLACKBERRY CRUMBLE BARS

INGREDIENTS

1 Bramley cooking apple, peeled, cored and cut into small cubes (approx. 100g) 150g frozen blackberries

100g oats

200g light brown sugar + 1 tbsp for filling 250g plain flour + 1 tbsp for filling

1 egg

125g unsalted butter, melted ½ tsp mixed spice (optional)

METHOD

Preheat the oven to 180°C (fan). In the small mixing bowl, combine the cubed apple and frozen blackberries with 1 tbsp light brown sugar and 1 tbsp flour. Set to one side.

In the large mixing bowl, combine the oats, light brown sugar, flour and mixed spice (if using) with a spoon.

Mix in the egg and melted butter with the spoon, then get your hands in the bowl and bring the mixture together until it forms clusters.

Pour 2/3 of the crumbly mixture into the prepared square tin and lightly press down with your fingers to create an even layer. Spread the apple and blackberry mixture on top, then sprinkle the remaining 1/3 crumble mix over the top, don't worry if there are gaps, you want to see the fruit coming through.

Place in the oven and bake for 35-40 minutes until golden on top and the apple is cooked through. Leave to cool before portioning into 8 bars and serving.







PISTACHIO & WHITE CHOCOLATE ICE CREAM COOKIE SANDWICHES

METHOD

SANDWICHES Preheat the oven to 165°c (fan). In the large mixing bowl, cream

MAKES

together the butter and sugar with the electric hand whisk.

Add the egg and mix until combined, before adding the flour, bicarbonate and salt. Mix well with your hands. When the dough starts to come together, add 150g chopped white chocolate and 50g of chopped pistachios. Bring together to form a ball of dough. Roll the dough into 12 evenly

sized balls and place on the lined baking tray, 6 at a time as the cookies need space to spread as they bake. Bake in the oven for 7 minutes, turn the tray and bake for a further 7 minutes then allow the cookies to cool completely. Repeat with the rest of the cookie dough balls. When the cookies are cool, sandwich two together with a generous scoop of ice cream and decorate as you wish - melt the remaining white

chocolate in the microwave in 10 second increments (stirring between each to be careful that it doesn't burn) and dip them, roll them in the remaining chopped pistachios, do both or leave plain!

VISIT OUR FAMILY WEBSITE FOR MORE **DELICIOUS RECIPES**



northernlifefamilymagazine.co.uk

INGREDIENTS

120g unsalted butter 225g light brown sugar 1 egg 300g plain flour ½ tsp bicarbonate of soda ½ tsp salt 300g white chocolate, roughly chopped 100g pistachios, roughly chopped tub of vanilla ice cream

BANOFFEE-IN-A-JAK

INGREDIENTS

For the biscuit base
50g unsalted butter, melted
125g sweet-meal biscuits, crushed
For the filling
85g unsalted butter
50g light soft brown sugar
220g jar Bonne Maman Salted Caramel
For the topping
300ml carton double cream
1 tsp cold, strong black coffee
3 medium ripe bananas
Squeeze of lemon juice
Plain chocolate curls or shards, to
decorate

METHOD

To serve the Banoffee in jars, stir the melted butter into the crushed biscuits, divide the crumb mixture between 8 x 220g Bonne Maman jars and chill for 10 minutes or until the base has firmed. Divide the caramel between the jars and top with sliced banana, cream and chocolate as above.

FOR THE FILLING & CREAM

Slowly melt the butter and sugar together in a small, non-stick saucepan and stir, with a wooden spoon, to dissolve the sugar. Stir in 200g of the caramel and bring to the boil, stirring all the time, until very smooth. Pour into the cold biscuit base and leave to cool and set.

When the caramel is cold, whip the cream until it just begins to hold its shape. Fold in the coffee and continue whisking until the cream is lightly whipped.

Slice the bananas into a bowl and stir in the lemon juice. Spoon the bananas on top of the caramel, followed by the whipped cream. Sprinkle over the chocolate and any remaining caramel in the jar just before serving.

Cook's tips

The pie with the caramel will keep chilled for 2-3 days. Once topped with bananas and cream serve within 2 hours.

For a gluten-free version, use gluten-free shortbread to replace the sweet-meal biscuits.





FAMILY NEWS...

Pendle Tops UK Child Poverty Charts

endle now has the highest rate of child poverty in the UK, with nearly 1 in 2 children living in lowincome households, according to the latest figures from the Department for Work and Pensions. The borough's rate stands at 44%, up 1.4% from last year far above the national average.

A household is considered in poverty if its income is less than 60% of the UK median. Nationally, 2.72 million children live in poverty. In contrast to Pendle, the London borough of Richmond upon Thames has the lowest child poverty rate at just 6%.

Nearby areas like Burnley, Hyndburn, and Blackburn with Darwen also report rates over 40%, highlighting a regional crisis.

The rise comes as the government pushes forward controversial welfare reforms. Campaigners warn changes to Universal Credit and Personal Independence Payments could deepen hardship.

Alison Garnham of Child Poverty Action Group said: "These grim figures show child poverty is out of control. The government must act now — starting with scrapping the two-child limit."

Meghan Meek-O'Connor of Save the Children UK added: "No child should go without food, heating, or a bed. These numbers are a national disgrace."



NEED SUPPORT IN PENDLE? **HELP IS AVAILABLE:**

The Open Door Centre, Colne – Food, benefits help, mental health support. opendoorcentre.org.uk

Christians Against Poverty (CAP) - Debt help, food bank at St Bartholomew's Church, Colne, lifelancs.org/news/cap.

Inspiring Grace Foodbank - 07788270413

Nelson Community Mosque Foodbank - 07873282580

Colne Madina Foodbank - 07788270413

Don't struggle alone — reach out.



CAN YOU GO ABOVE AND BEYOND?

We're delighted to announce the opening of a new children's home that provides a safe stepping-stone that focuses our care on supporting children to return to their forever family

Our new residential children's home prioritises emotional safety, trust, routine, and life experiences that promote growth. We focus on developing healthy relationships through a trauma-informed, nurturing approach that balances safeguarding with empathy, helping young people progress toward independence.

EVERYTHING WE DO HAS YOUNG PEOPLE AT THE CORE

If you're passionate about making a difference, we offer rewarding benefits, professional development, and wellbeing support.

At Catholic Care, we foster an inclusive, diverse environment where staff and children feel valued and supported, encouraging authenticity and belonging.

DOES THIS SOUND LIKE THE JOB FOR YOU?

Please follow the links to your next role: catholic-care.org.uk/jobs/senior-residential-childcare-worker catholic-care.org.uk/jobs/residential-childcare-worker-childrens-residential-home





People go above and beyond to meet the needs of the children and young people in their care' (OFSTED 2023)

Dreaming of a Career with Animals?

Here's How to Make It Happen

he Canine Groom School at Howgill Farm, just outside Clitheroe, is transforming how grooming and animal care apprenticeships are delivered across England. Now a government-approved training provider, the school offers hands-on, fully funded qualifications led by seasoned professionals in grooming, animal welfare and care.

"We're doing it differently—excitingly and professionally," says Managing Director Steve Maney. "My wife Poppy, who's also a director, is one of only 40 Internationally Certified Master Groomers in the UK." The school's entire team reflects that same level of skill and experience, with tutors who are not only industry professionals but also passionate educators.

What makes the programme stand out is its dualqualification model. Every apprentice completes a Level 2 Apprenticeship in Dog Grooming or Animal Care & Welfare, and also earns the prestigious City & Guilds Level 2 qualification—free of charge. That's a saving of up to £3,000. With a Level 2 Apprenticeship in Animal Care & Welfare, Students also benefit from eight fully funded training days at the school's state-of-the-art

facility, typically worth £200 per day.

The apprenticeship scheme is open year-round to anyone aged 16 and over, with no upper age limit. "We've got people in their 40s and 50s who've always wanted to work with dogs," says Steve. Proof it's never too late to pursue your passions.

Whether you already have a placement or need help finding one, support is available. "All it takes is an afternoon," he adds. "You might just land your dream

With five-star feedback and a genuine passion for skills-based learning, the Canine Groom School is helping people of all ages build meaningful, rewarding careers in animal care.



HEADTEACHERS,

Do You Want to Teach Financial Literacy?

o you want to prepare your children for the wider world of finance? Do you want to enhance your curriculum offer with an initiative to engage your children with reading whilst learning about money?

The Money Suitcase can be provided for your school at no cost. The case is red (budget case!) and contains an age-appropriate book all about financial education, written by TV's Dragon's Den star, Deborah Meaden, a cuddly toy squirrel called Sammy (as we all need to squirrel pennies away!), an easy-to-understand explanation sheet, a book for the children to record what they have learnt and some delicious chocolate coins!

Firstly, and importantly, there is no cost to your school. Northern Community Bank (formerly PCCU) is a not-for-profit that aims to provide primary school children with a head start in financial education in a fun and engaging way.

Each week, a different child is selected to take home the book suitcase to read with their parent or guardian (this is separate from their home reading book). They can cuddle with Sammy the squirrel and enjoy the chocolate coins whilst learning all about money.

"Our book suitcases are a huge success! Our children love taking the cases home and enjoy looking at the books with their grown-up! We have seen reading levels increase, as well as the children's enthusiasm for reading. The financial suitcase will be a great asset to our PSHE 'money matters' curriculum and will educate our children about the basic concept of money, help them develop strong financial habits and learn the difference between wants and needs, in a fun and exciting way. We can't wait to start using it!" - Mrs. Nicholls, Worsthorne Primary School

If you are interested in this initiative for the next academic year, please contact: 01282 691 333

hello@northerncb.uk



Good CLEANING Fun

Turning household chores into games can make them fun, build responsibility, and reduce resistance from kids. Here are some playful and creative ideas to help make chores feel like play:

1. Beat the Clock Challenge

Set a timer and challenge your child to finish a task before the buzzer goes off.
Great for: Toy pickup, making the bed, or wiping down surfaces.

Tip: Let them pick a fun song (about 2–3 minutes long) and race the music!

2. Laundry Sorting Relay

Dump a basket of clean laundry in one room and have kids race to match socks, sort by family member, or fold towels.

Make it a relay with multiple kids, or a timed solo mission.

Bonus idea: Pretend they're "Laundry Detectives" hunting for missing pairs!





3. Chore Bingo

Create a Bingo board with simple tasks like:

- "Put away 3 toys"
- "Fold 2 towels"
- "Dust a shelf"
- "Water a plant"

Each time they complete one, they mark a square.

Reward idea: When they complete a row, they earn a small prize or extra playtime.

4. The Cleaning Treasure Hunt

Hide small treats, stickers, or fun notes around messy areas — under pillows, behind toys, etc. Kids have to tidy up as they go to find them.

Tip: Painforce that cleaning is part of the fun.

Tip: Reinforce that cleaning is part of the fun, not just the reward!

5. Sock Basketball or Toy Toss

Turn sorting laundry or cleaning toys into a toss game. Place baskets around the room and have them "shoot" dirty clothes, soft toys, or recyclables into the right bin.

Variation: Assign points to each target for older kids.





6. Spray Bottle Race (Wipe Warriors)

Give each child a cloth and a spray bottle (with a kid-safe cleaner or just water). They clean assigned areas (windows, mirrors, table) while pretending to be cleaning superheroes.

Names to try: Dustbuster Dan, Wipe Girl, The Streak Zapper!

7. Dance-Clean Party

Put on high-energy music and dance while cleaning. Each person gets a "cleaning station" and swaps every 1–2 songs.

Twist: Freeze the music randomly and everyone has to freeze (like musical statues) before resuming.

8. Pretend Play Helpers

Turn cleaning into a role-play game:

- "You're the Royal Housekeeper cleaning the Queen's castle."
- "You're a zookeeper tidying animal enclosures."
- "You're a robot programmed to organize the lab."

Props help: Add aprons, hats, or badges for extra flair.

9. The Chore Dice Game

Label a 6-sided die with simple tasks (or make a chore spinner). Kids roll to see what they have to do next.

Example:

- 1: Make your bed
- 2: Feed the pet
- 3: Tidy 5 toys
- 4: Sweep
- 5: Water plants
- 6: Mom/Dad's choice

10. Sticker Chart or Level-Up Game

Give kids a "chore chart" where they collect stickers or points for each task completed.

After a certain number, they can "level up" to unlock rewards or new privileges (like picking dessert or choosing a family movie).

Make it fun: Add "bonus levels" or surprise missions.





FESTIVAL of the HORSE **16th August 2025**

From 11am-4pm

Live demonstrations in our Indoor Arena Guest speakers from multiple disciplines Hobby horse agility course - classes for all ages with prizes Poison Ivy Cocktails

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A Day Out Making a Difference

A Haven for Horses and Families Alike: Supporting HAPPA's Vital Work

n the heart of the picturesque Thursden Valley lies a haven for horse lovers and families - the Horses and Ponies Protection Association (HAPPA). This stunning location is not only a beautiful destination but is also a hub for the charity's vital work in rescuing and rehabilitating neglected and unwanted equines.

HAPPA's dedication to providing a second chance to horses in need is truly inspiring. The charity's team goes above and beyond to care for these magnificent creatures, as evident in the story of Treacle, a horse who received life-saving intervention and care.

By visiting HAPPA, you are not only enjoying a day out in nature but also contributing to the charity's mission. With a range of activities, educational exhibits, and a cozy award-winning café, there is something for everyone.

A recent review from a happy café customer: "The HAPPA Café in Briercliffe is an incredible hidden gem where every coffee and cake supports rescued horses and ponies, a perfect blend of tasty food and a great cause. Do not miss this place!"

"The HAPPA Café is an incredible hidden gem where every coffee and cake supports rescued horses and ponies"

This year, HAPPA introduces The Festival of The Horse, an event that promises to delight equine enthusiasts. There is also the addition of a free meeting room and venue hire to give back to the local community, businesses, crafts, and hobby groups.

Join the community of horse lovers making a difference by planning your visit today. Every penny spent and every visit helps HAPPA continue its vital work. HAPPA members and sponsors can enjoy complimentary access to visit Shores Hey Farm.

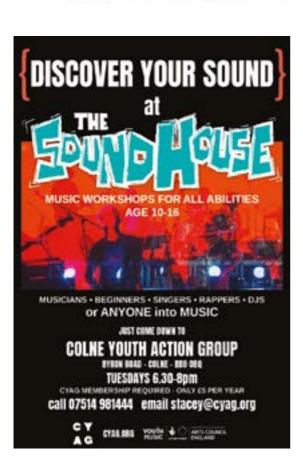
Scan the QR code to learn more and become part of this worthy cause. By supporting HAPPA, you are helping to make a real difference to the lives of hundreds of horses.







wildlifeoasis.co.uk









WHAT'S ON GUIDE

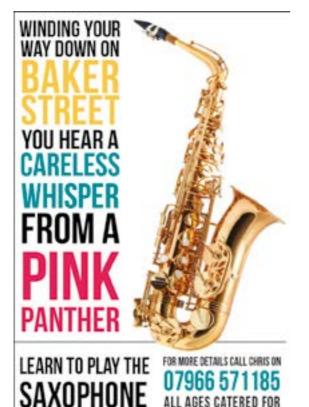






All adults 16 or over: £10.00 Under 16s with an adult: Free

www.keighleyshow.co.uk









ROYAL LANCASHIRE AGRICULTURAL SHOW

Salesbury Hall, Salesbury Hall Road, Ribchester

A popular family event with attractions like show jumping, livestock displays, giant tortoises, bee keeping, vintage tractors, military village, children's funfair and much more. Various prices. 18-20 July. royallancashireshow.co.uk

FESTIVAL OF ARCHAEOLOGY 2025

Clitheroe Castle Museum, Castle Hill, Clitheroe

Meet local archaeologists and experts who will be on hand to answer your questions and share their knowledge. There will be specialists in a range of eras from prehistory all the way to the industrial era, and in a variety of fields like artifact conservation and archaeological technologies. 11 am – 3 pm. Free. lancashire.gov.uk

BUCKINGHAM'S RETINUE

Skipton Castle, The Bailey, Skipton
Lord and Lady Clifford are hosting a
weekend of events that will showcase
the life and times of late medieval life.
Members of the castle household
will take part in friendly competition
throughout the weekend, with archery
contests and combat displays - make
sure to cheer for your chosen
champion! 10 am - 5 pm. Free with
Castle entry. skiptoncastle.co.uk

Sun 20th

DRAGON BOAT FESTIVAL

Roberts Park, Higher Coach Road, Saltaire

The event promises to be a fun-filled family festival with dragon boat racing on the river and landside attractions for all to enjoy, including children's entertainment, charity stalls, catering stands, landside games, bar and live acts. Great family day out. 20-21 July. bradforddragonboatfestival.co.uk

Tues 22nd

COLNE GRAND PRIX

Colne Town Centre, Colne
The race is part of the British Cycling

Elite National Circuit Series. It utilises a closed-road 800m circuit around Colne's one-way system, making for a fast and exhilarating spectacle. As a round of the National Elite Series, the top riders in the country come to Colne to take part in this prestigious event. 5 pm to 9.30 pm. colnetowncouncil.org.uk

Wed 23rd

ROMAN HOLIDAYS

Royal Armouries, Leeds LS10 1LT Wednesday 23 July – Sunday 31 August | |Daily 10am – 5pm Gladiators ready?

Don't miss the new blockbuster exhibition - Gladiators: Heroes of the Colosseum, and an exciting daily programme, including live combat demonstrations, dramatic performances and battle stories, plus there's a whole national museum of treasures to explore.

Museum admission is free.

Museum admission is free. Exhibition tickets £6.50/£4. Pre-book royalarmouries.org

FESTIVAL OF FUN

Thornton Hall Country Park, Thornton in Craven, Near Skipton
Set sail on a swashbuckling quest with the legendary Pirates of Swashbuckle Bay, then step into a land where fairytales come to life and princesses await! Until 31st Aug. Adult: £10.95. Child: £13.95. 10 am – 4.30 pm. thorntonhallfarm.co.uk

WILD WEDNESDAY!

Brontë Parsonage Museum, Church Street, Haworth

Popular Wednesday workshops that are a great opportunity to sit down for a while with a local artist and make something Brontë-inspired to take home with you. Perfect for children, but all ages welcome! 11 am – 3 pm. Free with entry to museum. bronte. org.uk





SUMMER OF PLAY: FREE ENTRY

East Riddlesden Hall, Bradford Rd, Riddlesden, Keighley Free entry day events, including: dance lessons, outdoor fun with Get Out More, a henna stand, with Kashmala, inflatable courses and bouncy castles. 10 am – 4 pm. Free. nationaltrust.org.uk

CHOCOLATE ROCKS

National Coal Mining Museum for England, Caphouse Colliery, New Road, Overton

Explore the three main rock types, igneous, sedimentary, and metamorphic, through hands-on classification. Then model the rock cycle with a fun, edible chocolate experiment! 11 am – 12.30 pm & 2 pm – 3.30 pm. £7. ncm.org.uk

Thurs 24th

PONY SQUAD

HAPPA, Shores Hey Farm, Briercliffe Tailored for children of all experience levels, this program offers a chance to develop equine skills while making new friends and having fun! 10 am – 12 pm for ages 6-10.1 pm – 3 pm for ages 11-16. happa.org.uk

BUSY LIKE THE BRONTËS!

Brontë Parsonage Museum, Church Street, Haworth Join us to have a go at a range of activities inspired by Brontë busyness. 11 am – 3 pm. Free with entry to museum. bronte.org.uk

FANTASTIC MR. FOX (2009) WITH CRAFT ACTIVITY

Skipton Town Hall, High Street, Skipton As part of our Wes Anderson double-header, join us for a wild, witty adventure with Fantastic Mr. Fox (2009), Anderson's stop-motion masterpiece based on the beloved Roald Dahl book. £4.50. Crafts from 9.45 am. skiptontownhall.co.uk

Fri 25th

CHORLEY FLOWER SHOW 2025

Astley Park, Chorley
Set to captivate families, flower
enthusiasts and gardening fanatics,
there's plenty to enjoy for everyone,
including your canine companions, at
Chorley Flower Show. 25 July to 27 July.
chorleyflowershow.com

DIG & DISCOVER: FESTIVAL OF ARCHAEOLOGY

Skipton Town Hall, High Street, Skipton The theme of this year's festival is Archaeology and wellbeing so come along and join us in our Castle Critters room for a range of archaeology-based family activities. 10 am – 12 pm & 2 pm – 4 pm. Free. skiptontownhall.co.uk

Sat 26th

COLNE FOOD AND DRINK FESTIVAL

Town Centre, Colne Get ready to eat, drink and be merrily entertained. 10 am to 4 pm. cometocolne.co.uk

Sun 27th

MINISTRY OF SCIENCE LIVE – SCIENCE SAVED THE WORLD

The Muni Theatre, Colne
Join the presenters as they dive deep into the world of science and look at how science shapes the modern world we live in with a few loud bangs along the way! Adult £18.50, child £17.50, family £62. 12.30 pm. themuni.co.uk

HORRIBLE HISTORIES: GORGEOUS GEORGIANS AND VILE VICTORIANS

Skipton Town Hall, High Street, Skipton It's time to prepare for Horrible Histories live on stage with the acclaimed production of Gorgeous Georgians and Vile Victorians! Various times and prices. 27-29 July. skiptontownhall.co.uk

THE WONDERFUL WIZARD OF OZ

Pendle Hippodrome Theatre, New Market Street, Colne
Follow the Yellow Brick Road to an Unforgettable Adventure. Adults £16, Under 19's £14, Family Ticket (2+2) £54. Tel: 01282 863210. 2 pm. pendlehippodrome.com

LANCASHIRE VEHICLE CLUB RALLY

The British Commercial Vehicle
Museum, King Street, Leyland
The highly successful Annual Club
Rally where non-members are
invited to join in and bring along
their own classic cars, vans, lorries
and even buses. 10 am – 4 pm. Free.
britishcommercialvehiclemuseum.com

Tues 29th

THE LION, THE WITCH AND THE WARDROBE

Opera House, Winter Gardens, Blackpool 7.30 pm, Wed, Thurs & Sat mat 2 pm. Various prices. 29 July-2 Aug. wintergardensblackpool.co.uk

Wed 30th

MIGHTY MACHINES

National Coal Mining Museum for England, Caphouse Colliery, New Road, Overton

Uncover the power of hydraulics and pneumatics in coal mining, then bring engineering to life by building your pneumatic-powered machine! 11 am – 12.30 pm & 2 pm – 3.30 pm. £7. ncm. org.uk

AUGUST

Fri 1st

YORKSHIRE DAY 2025

Ilkley Manor House, Castle Yard, Ilkley Celebrate God's Own County with family-friendly activities, including making a paper Yorkshire Rose and playing with traditional games and toys in the courtyard. 2 pm – 4 pm. Free. ilkleymanorhouse.org

YORKSHIRE DAY 2025 - YORK

York City Centre, York
Every year on the first weekend of
August, York City Centre buzzes with
the spirit of Yorkshire as we celebrate
Yorkshire Day! This grand event takes
place right in the heart of the city,
bringin' together York folk and visitors
for a series of excitin' activities and
events. Free. visityork.org

YORKSHIRE DAY CELEBRATION WEEKEND 2025 - ILKLEY

Ilkley Town Centre, Ilkley
The activities will run from Friday
1st August to Sunday 3rd August
with three fun-packed days of live
music, food, drink, family fun, poetry,
drama and lots of civic pride. Free.
ilkleytowncouncil.gov.uk

YORKSHIRE DAY CELEBRATION – SKIPTON

Skipton Town Centre, Skipton



Celebrate the magnificence of God's Own County! 10 am – 4 pm. Free. welcometoskipton.com

Sat 2nd

BRONTËS, BIRDS AND BUTTERFLIES: A FAMILY DAY AT THE PARSONAGE

Brontë Parsonage Museum, Church Street, Haworth

Come along for storytelling, writing workshops, street theatre, a meadow trail and hands-on activities. Feel free to bring a picnic to enjoy in Parson's Field! 10 am - 3 pm. Free. bronte.org.uk

DAY OUT WITH THOMAS AT EAST LANCASHIRE RAILWAY

East Lancashire Railway, 23a Bolton St, Burv

Take a trip on Sodor's number one tank engine and meet Sir Topham Hatt on this spectacular day out with Thomas. It's all aboard the famous blue steam train for a magical ride on Thomas the Tank Engine. Adult £24,97, child £14.85. 2-3 Aug, eastlancsrailway.org.uk

HAWORTH HERITAGE TRAIL: GUIDED WALK

Brontë Parsonage Museum, Church Street, Haworth

A three-mile walk that begins at the Museum and walks through two centuries of Haworth history. Booking required. 2 pm. Free. bronte.org.uk

FOREST FAMILY FUN

Harwes Farm, Colne
Qualified Forest School practitioners
will lead Forest Family Fun and will flow
along a Forest School approach. This
event is for families, children are 0-18
years and grown-ups get a chance to
play out for free too! 10 am – 1 pm.
Free. harwesfarm.org





Sun 3rd

WOOF SHACK

HAPPA, Shores Hey Farm, Briercliffe On the first Sunday of every month there is a monthly dog socialisation group – Woof Shack! Enjoy group walks around one of the local dog-friendly routes at HAPPA, games, specialist talks, advice and much more! 11 am – 12.30 pm. Free. happa.org.uk

1635 HOUSEHOLD

Skipton Castle, The Bailey, Skipton
Journey back to the 17th Century
and see a glimpse of Skipton Castle's
household life. 10 am – 5 pm. Free with
Castle entry, skiptoncastle.co.uk

Mon 4th

MOORS FOR THE FUTURE: BOGTASTIC VAN

East Riddlesden Hall, Bradford Rd, Riddlesden, Keighley Experience this 'bog in a van', with its interactive displays, gully blocking model and bouncy bog floor! 10.30 am – 3 pm. Free. nationaltrust.org.uk

Tues 5th

LITTLE STEPS SESSION

Colne Library, Colne
Come along to this regular family
session aimed at children aged 2 to 5.
It's all about chatting, playing, reading,
and learning. It's on the first Tuesday of
every month at 11 a.m. It's free.

Thurs 7th

HOT ICE SHOW XS

The Arena, Blackpool Pleasure Beach, 525 Ocean Boulevard, Blackpool Thirty Olympic and world champion skaters join forces on the ice to create a show of passion, pace and nothing short of pure adrenaline. Various times. £10. Until 13 September. bookings. blackpoolpleasurebeach.com

Fri 8th

FEVA FESTIVAL

Various Venues, Knaresborough
A wide selection of art exhibitions,
workshops, music and spoken word
events, including lots of fun for the
whole family! The festival begins on
Friday, 8th Aug, with the grand opening
in Knaresborough Market Place at
noon. Various times and prices. Until
17th Aug, feva.info

Sat 9th

CLITHEROE FOOD FESTIVAL

Town Centre, Clitheroe
The festival focuses on the finest
food and drink producers in Ribble
Valley and Lancashire. It is the
ultimate celebration of local food.
Entry is free—9 am to 4.30 pm.
clitheroefoodfestival.com

HALIFAX AGRICULTURAL SHOW

Savile Park, Halifax
A great family day out in West
Yorkshire with both traditional and
modern classes and entertainment.
There will be 60+ trade stands, craft
stalls, a food court and a beer tent.9
am to 5 pm. halifaxshow.uk

Sun 10th

TRAWDEN AGRICULTURAL SHOW

Trawden Recreation Ground, Trawden Trawden Show remains faithful to its original ideals of being a true agricultural show with attractions for all the family. £14. 10 am – 5 pm. trawdenshow.co.uk

RIPLEY SHOW

Ripley Castle, Ripley, Harrogate
There will be the usual classes including
cattle, sheep, fleeces, horses and
ponies, heavy horses, donkeys and
driving classes. 8:30 am to 5 pm.
ripleyshow.co.uk

Mon 11th

BLACKPOOL TOWER CIRCUS

Blackpool Tower, The Promenade, Blackpool
Delivering incredible stunts with belly laughs aplenty, meet legendary clowns Mooky and Mr Boo as you experience the UK's biggest and best Circus. From £17.50. Various times.

theblackpooltower.com

Wed 13th

CHROMATOGRAPHY ART: STEAM CLUB

National Coal Mining Museum for England, Caphouse Colliery, New Road, Overton
Explore how scientists use chromatography to detect contaminants in water and uncover hidden substances in colourful mixtures. 11 am – 12.30 pm & 2 pm –

Thurs 14th

PADDINGTON IN PERU (2024) WITH CRAFT ACTIVITY

3.30 pm. £7. ncm.org.uk

Skipton Town Hall, High Street, Skipton Paddington in Peru marks the return of the beloved marmalade-loving bear in his third cinematic adventure. £4.50. Crafts from 9.45 am. skiptontownhall. co.uk.

Sat 16th

HAPPA'S FESTIVAL OF THE HORSE

HAPPA, Shores Hey Farm, Briercliffe Don't miss the first-ever Burnley Festival of the Horse. Held at Shores Hey Farm in Burnley, this one-day horse festival is a fantastic day out for families, horse lovers, and riders of all levels. 12 pm – 5 pm. £6 per adult. £1 per child. happa.org.uk

FLORES DE CHEVALERIE

Skipton Castle, The Bailey, Skipton Flores De Chevalerie brings the 13thcentury medieval tournament to life, featuring genuine competitive combat combined with historical authenticity. 10 am – 5 pm. Free with Castle entry. skiptoncastle.co.uk

Sun 17th

A DAY OF KNIGHTS WITH THE SILVER SCHOOL OF ARMS

Clitheroe Castle Museum, Castle Hill, Clitheroe

Enjoy an exciting day of weapons handling and displays of sword fighting. Demonstrations of medieval combat will take place, so why not drop into this free family-friendly event and meet the experts? 11 am – 3 pm. Free. lancashire.gov.uk

OUTDOOR THEATRE: WRONGSEMBLE PRESENT BREADCRUMBS

East Riddlesden Hall, Bradford Rd, Riddlesden, Keighley

This brand new family show packed full of music, magic and puppetry from Wrongsemble and Gala Durham celebrates how even the simplest story can become the wildest festive fairy tale in the hands of the right storyteller! 11 am & 2 pm. Free. nationaltrust.org.uk

Mon 18th

BRONTË BABIES

Brontë Parsonage Museum, Church Street, Haworth

Brontë Babies sessions for little ones aged o-walking, introducing them to the sensory world of the Brontës, using a bespoke 'High Waving Heather' collection. There are things to touch, see, hear and smell. Booking required. 10 am. Free. bronte.org.uk

Fri 22nd

THE GREAT BRITISH RHYTHM & BLUES FESTIVAL

Colne Town Centre
Taking place for the 34th time in 2025, prepare yourselves for three incredible days of live music across the beautiful little town of Colne in East Lancashire. £100 for early bird weekend tickets. bluesfestival.co.uk

Sat 23rd

THE YORKSHIRE HIGHWAYMAN

Skipton Castle, The Bailey, Skipton Come and meet John Nevison, one of Britain's most notorious highwaymen, a gentleman rogue supposedly nicknamed Swift Nick by King Charles II after a renowned 200-mile dash from Kent to York to establish an alibi for a robbery he had committed earlier that day. 10 am – 5 pm. Free with Castle entry. skiptoncastle.co.uk

ROMAN FESTIVAL

Royal Armouries Museum, Armouries Dr, Leeds

Sat 23, Sun 24 and Mon 25 Aug People of Leodis, step back in time



and experience the atmosphere and excitement of a day at the Roman games. 11.30 am – 3.30 pm. Free. royalarmouries.org Sun 24th

ROBIN HOOD

Settle Victoria Hall, Kirkgate, Settle Set against the enchanting backdrop of the eerie Sherwood Forest, this whimsical production sees King John and the Sheriff of Nottingham trying to thwart the legendary outlaw, Robin Hood. £16.50. 2 pm to 4 pm. settlevictoriahall.org.uk

FISHWICK & RIBBLE BUS MEET

The British Commercial Vehicle
Museum, King Street, Leyland
Vntage and classic buses from other
operators too! 10 am – 4 pm. Free.
britishcommercialvehiclemuseum.com

Tues 26th

KILNSEY SHOW & SPORTS

Kilnsey Agricultural Show Ground Field, Kilnsey, Skipton

Showcasing country life, farming, and traditions which have stood the test of time, alongside a taste of local cuisine and retail, the exciting annual show offers an enjoyable day out for families and friends of all ages. 9 am - 5 pm. kilnseyshow.co.uk

Wed 27th

THE AMAZING BUBBLE SCIENCE SHOW

Skipton Town Hall, High Street, Skipton An engaging and interactive performance that explores the fascinating world of bubbles through fun experiments, scientific explanations, and creative demonstrations. 11 am & 2 pm. £8. All day. skiptontownhall.co.uk

Thurs 28th

MUSEUMS FOR PLAY & GROWTH

Cliffe Castle Museum and Park, Spring Gardens Lane, Keighley

The session includes some of the "50 Things to Do Before You're Five" activities and a creative play zone to spark imagination, offering you and your child up to two hours of quality time spent in the museum. Just drop in. 10 am – 4 pm. Free. bradfordmuseums. org

Sat 30th

BAT NIGHT

Lakeland Wildlife Oasis, Hale, Milnthorpe

Join Conservation Dan on native bat tours around the site, with the ability to listen in to the bats with a native bat detector. Normal entrance rates apply; members receive a 20% discount on entry. 6.30 pm-9.30 pm. wildlifeoasis. co.uk

HAPPA WILD WEST FUNDAY

HAPPA, Shores Hey Farm, Briercliffe
The farm will be transformed into a
lively Wild West frontier, brimming with
exciting activities, games, competitions,
and themed entertainment for all ages.
11 am – 4 pm. £6 per adult. £1 per child.
happa.org.uk



THE GREAT BRITISH RES FESTIVAL COLNE-LANCASHIRE

22ND-24TH AUGUST 2025



JOIN US FOR FAMILY FUN ENTERTAINMENT THIS AUGUST BANK HOLIDAY WEEKEND!



- Face Painting
- Fire Breathing
- Street Entertainment Including: Stilt Walkers, Mirror Men, 360 Photo Booth & Much More



- Buskers
- Street Food



SCAN TO LEARN MORE



LIVE MUSIC THROUGHOUT THE WEEKEND INCLUDING OVER 50 ARTISTS IN OUR MAIN VENUES

BROUGHT TO YOU BY







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HER@ES COLOSSEUM BOOK NOW FOR SUMMER ADULT £6.50 | CHILD £4 | UNDER 3s FREE

SUMMER HOUDAYS

23 JULY - 31 AUGUST

Combat Demonstrations | Craft Activities | Daily | Free

ROMAN FESTIVAL

23 - 25 AUGUST

Living History | Gladiator Combat | Pottery Crafts | Have-a-go Activities | Food An epic family day out | Free

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